

Choose to Shine!

HAPPY 2019!

YOUR VISION

It's time for you to choose to shine!

Let's start by gaining awareness! Here are some questions that help you to get ready for your best year yet:

What is your vision for your life in 2019?

What has been slowing you down on creating the life and business you desire in the past?

What needs to shift in your life to be where you want to be?

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SET INTENTIONS FOR YOUR BEST YEAR YET!

An intention is a determination to act in a certain way and it will support you during 2019. It's like a seed. When you create your intentions, remember to be specific, stay positive, and use the present tense for example "I intend to be open to success and abundance".

Set your intentions for 2019 and write them down:

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ALIGNMENT

In order to manifest what you want, your thoughts, feelings, and actions need to be aligned.

You can choose supportive thoughts, feelings, and actions that you want to cultivate even more during 2019.

THOUGHTS:

FEELINGS:

ACTIONS:

P.S. Sometimes we might experience lack of support on our path to purpose! Know that I'm here for you. If you're wondering how having a mentor and being in a supportive community of Lightworkers will help you grow personally and professionally, book your free Abundance Breakthrough Session with me today:

www.bit.ly/Abundant2019